

## 2024 CEU Trainings: Michelle Roling, LMHC, CEDS-C

Date	Title & Presenter/s	Sponsoring Organization	CEU Credit Received
2/9/24	<b><i>Blocks to Intimate Relationships:</i></b> Mark F. Schwartz, Sc. D	Harmony Place Monterey	<b>2.0</b>
2/27/24	<b><i>When Outpatient Therapy Isn't Enough-</i></b>	Timberline Knolls	<b>1.0</b>
3/1/2024	<b><i>Weight and Healthcare Eliminating Weight Stigma and Promoting Weight Neutral Care in ED Tx</i></b> Ragen Chastain	Eating Disorder Coalition of Iowa	<b>6.0</b>
4/5/24	<b><i>Affirming and Inclusive Therapy Groups: a MC Orientation Approach</i></b> Martin Kivlighan	ISU Psychology Dept.	<b>1.0</b>
5/3/2024	<b><i>Sizeism-</i></b> Michelle Roling	Iowa State Univ. Student Counseling Services	<b>1.5</b>
6/21/2024	<b><i>Acceptance and Commitment Therapy</i></b> Jeffery Nelson	Iowa State Univ. Student Counseling Services	<b>1.5</b>
6/26/24	<b><i>ACT for Eating and Body Image Concerns: Help Clients Drop the Rope in their Tug of War with Food and Weight</i></b> <i>Dianna Hill</i>	PESI	<b>6.25</b>
6/30/2024	<b><i>AUCCCO Conference</i></b> • From crossroads to competencies: Applying six social justice and trauma inclusive outreach competencies to your work (3.0 CE Hours)	AUCCCO Conference Indianapolis	<b>7.5</b>

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	<ul style="list-style-type: none"> <li>Centering the Sacred: Collective Healing in Higher Education (1.5 CE Hours)</li> <li>Crossing over into the classroom: Meeting student needs through instructors' communities (1.5 CE Hours)</li> <li>Leading Campus Culture Change Following Loss: The Link between Prevention, Outreach, and Collaboration (1.0 CE Hours)</li> <li>Dungeons &amp; Dragons &amp; Therapy (1.0 CE Hours)</li> </ul>		
9/22/2024	<b><i>Shark -Infested Waters: GLP/GIP Agonists in ED Populations</i></b> Kim Dennis, MD	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/24/2024	<b><i>PSYCHOPHARMACOLOGY</i></b> DR. KASEY STROSAHL	ISU SCS	<b>1.5</b>
9/25/2024	<b><i>Boys and Men With Eating Disorders</i></b> Jillian Moshay, MD, CEDS	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/25/2024	<b><i>Considerations for Novel Pharmacologic Agents in Eating Disorder Treatment</i></b> Shaun Riebl, PhD, RDN Randi Beranbaum, MS, RDN Katie Piel, MA, LMFT	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/25/2024	<b><i>Wait, What? Understanding and Managing Dishonesty in Treatment</i></b> Sandra Wartski, PsyD, CEDS	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/25/2024	<b><i>Vegan-Informed Eating Disorder Treatment: A Collaborative, Ethical, and Client-Focused Approach</i></b>	International Association of Eating Disorder Professionals	<b>1.5</b>

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	Jenn Friedman, MA, MHC-LP Rachael McBride, MCN, RD/LD, CEDS-C, LCDC	Virtual Symposium 2024	
9/27/2024	<b><i>Semaglutide Magic - Weight Loss Made Easy Perils For Eating Disorder Patients</i></b> Joel Jahraus, MD, CEDS, FAED, FIAEDP	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/28/2024	<b><i>Acculturation and Cuisine: Ethnically Diverse Considerations when Treating College Students with Eating Disorders</i></b> Dani Gonzales, PsyD Tiffany Nakamura, LPCC Michelle D. Katz, MS, RD, MPH, CHES	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/28/2024	<b><i>The Double-Edged Screen: Contending with Social Media in Recovery</i></b> Samantha DeCaro, PsyD	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
9/28/2024	<b><i>Sex-ED: The Intersection of Eating Disorders and Sexual Dysfunction</i></b> Jessica Singh, PhD, LCSW, CST	International Association of Eating Disorder Professionals Virtual Symposium 2024	<b>1.5</b>
11/21/2024	<b><i>Risk Factors Behaviors and Symptoms: An Inclusive Approach to Eating Disorder Assessment</i></b> Allison Tate, LCPC Adee Levinstein, MS, RD, LD, CEDS-C		<b>1.5</b>
12/31/2024	<b><i>Eating Disorder and Mental Health Assessment on Campus</i></b> Casey Tallent, PhD and Steven F. Crawford, MD	Eating Recovery Center	<b>1.5</b>
		<b>Total:</b>	<b>44.75</b>