## [30 Power Words To Activate Intention Setting](http://www.dreammanifesto.com/30-power-words-activate-intention-setting.html%22%20%5Co%20%22Permanent%20Link%3A%2030%20Power%20Words%20To%20Activate%20Intention%20Setting)

By Evelyn Lim in [Intention](http://www.dreammanifesto.com/category/intention) on January 15th, 2010

1. Power Word: Abundance
Power Phrase: Inter-align with Abundance, Living in Abundance.
Power Action: Be expansive, let go of resistances and have a reverence for life.

2. Power Word: Action
Power Phrase: Just Do It, A thousand-Mile Journey Starts with a Single Step, Inspired Action.
Power Action: Take inspired action, avoid procrastination.

3. Power Word: Authenticity
Power Phrase: Authentic Expression, Be Who I am, Use My Voice.
Power Action: Connect to the truth of who I am.

4: Power Word: Balance
Power Phrase: Balance is Key to Wellness; Yin and Yang.
Power Action: Make time for priorities in life, restore inner and outer balance, study feng shui elements, go for yoga.

5. Power Word: Be
Power Phrase: Just Be.
Power Action: Focus more about being than doing, practice patience, just breathe.

6. Power Word: Clarity
Power Phrase: Insight, Be Awake, See Clearly.
Power Action: See big picture, avoid getting too caught up in the content of the story, practice insight meditation, wisdom from insight.

7. Power Word: Courage
Power Phrase: Live My Dreams, Fly.
Power Action: Take risks, be bold, go on adventures, master courage to do things differently.

8. Power Word: Creativity
Power Phrase: Creative Ideas on Tap, Creative Artist.
Power Action: Engage imagination, play and possibility.

9. Power Word: Dream
Power Phrase: Dare to Dream, I Dreamed a Dream, Dream Big, Dreams take Flight!
Power Action: Open myself to possibilities, engage in imagination.

10. Power Word: Equanimity
Power Phrase: Equanimity, Quality of Equanimity, Non-Attachment.
Power Action: Practice equanimity i.e. calm, centered, balanced and mindful awareness of the impermanence of things, sensations and experiences.

11. Power Word: Freedom
Power Phrase: Freedom from Fear, Financial Freedom, Freedom to Live.
Power Action: Let go of resistances, free to make choices.

12. Power Word: Gratitude
Power Phrase: Gratitude is Gold, Gratitude Rocks, Gratitude Now.
Power Action: Practice gratitude, count my blessings and share my gifts.

13. Power Word: Harmony / Peace / Serenity
Power Phrase: Let my Breath be my Guide; Love the Moment, Peace of Mind.
Power Action: Make peace with every moment, learn qi gong.

14. Power Word: Health
Power Phrase: Health is Wealth
Power Action: Practice mindful eating, make healthy food choices, exercise, stay healthy mentally.

15. Power Word: Intuition
Power Phrase: Intuitive Awareness, Intuitive Intelligence.
Power Action: Awaken and develop intuitive abilities.

16. Power Word: Joy
Power Phrase: Enjoy the Journey, Live it Up, Celebrate, Live Now, Happiness is Key to Success.
Power Action: Choose to be happy whatever the situation is, be light hearted, celebrate every small thing!

17. Power Word: Laughter
Power Phrase: Lightness of Being, Laughter is the Best Medicine.
Power Action: Look at the humor in each situation, avoid taking things too seriously, have fun.

18. Power Word: Love
Power Phrase: Love Thyself; Love is All Around.
Power Action: Practice unconditional self love and love for others.

19. Power Word: Money / Prosperity / Wealth
Power Phrase: I am a Money Magnet, Multiple Streams of Income, Financial Freedom
Power Action: Shatter limiting money beliefs, adopt prosperity consciousness, worry less but keep vibrations up.

20. Power Word: Oneness
Power Phrase: We are One.
Power Action: Let go of separation.

21. Power Word: Possibility
Power Phrase: Open to Possibility, Dwell in Possibility.
Power Action: Open to receiving, practice non-judgment, try new experiences.

22. Power Word: Power
Power Phrase: Step Into Power, Awaken My Potential.
Power Action: Let go of fears, step up, take charge.

23. Power Word: Presence / Mindfulness
Power Phrase: Live in the Now.
Power Action: Practice mindful awareness, give quality attention to the moment, meditate.

24. Power Word: Responsibility
Power Phrase: Live Deliberately, Take Charge, Power To Change.
Power Action: Commit to inner change, less blame of others, conscious living.

25. Power Word: Share
Power Phrase: Spread Love, Share my Divine Light.
Power Action: Practice loving kindness, lend a helping hand, share my gifts.

26. Power Word: Success
Power Phrase: I am a Winner, Success is Constancy to Purpose.
Power Action: Think success, dream big.

27. Power Word: Smile
Power Phrase: Window to My Soul, Language of Love.
Power Action: Smile to strangers, neighbors, etc.

28. Power Word: Space
Power Phrase: Make Space.
Power Actions: Clear the clutter, switch off TV, meditate.

29. Power Word: Spirituality
Power Phrase: Connect with God/Source/Guides, “I am a Spirit with a Human Experience”.
Power Action: Adopt good values, live consciously, mindful of ego, take wise actions, reverence for life, etc.

30. Power Word: Wellness
Power Phrase: Mind-Body-Spirit Harmony, Self-Nurture.
Power Action: Make time for relaxation, de-stress, release negative emotions, let go of old baggage.

Resource: <http://www.dreammanifesto.com/30-power-words-activate-intention-setting.html>