Response Piece: Making Dreams Come True

Media:

- One sheet of 12 x 18 white drawing paper
- Colored construction paper
- Collage materials
- · Oil or chalk pastels
- Scissors
- Glue stick

Directive:

Choose one portion of the previous drawing that you would like to focus on. The focus will
be on making one part of the previous childhood dream a reality. Cut or tear out one
segment of the drawing and glue it to a new background paper. Choose collage materials or
pastels to make a background that is conducive to making the dream become a reality.

Homework:

 Write a paragraph or poem about renewing hopes, wishes, and dreams or having renewed courage to make your dreams come true.

Adapted from: "Using Art to Treat Eating Disorders", Hinz, L.D (2006)