

**International Association of
Eating Disorder Professionals (iaedp™)
Opportunity for Certified
Consultation with
-Michelle Roling-CEDS-C**

**Updated:
2025**

Sharing Is Healing:

Michelle Roling, LMHC, CEDS-C



**Licensed Mental Health Counselor
Certified Eating Disorder Specialist-Consultant
Health for Everybody Facilitator
The Body Project Facilitator
Certified Tele-therapist
EMDR Clinician**

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Certified Eating Disorder Specialist Application Checklist

A. Minimum of 2500 hours of eating disorder experience

- Begin accruing once you are a licensed provider
- Must receive consultation from an iaedp™-Approved Consultant (CEDS-C) while accruing experience hours, with signed agreement between applicant and consultant including dates in agreement
- Time accruing experience hours cannot be fewer than 24 months
- Minimum of 2000 direct client/patient care service hours
 - **Direct care services** include activities directly related to treatment of client/patient including face-to-face interaction, case conceptualization, team coordination of care and treatment documentation.
- Minimum of 150 indirect client/patient care service hours
 - **Indirect care services** include supervision, case-based learning/teaching, community presentation, program development, teaching on eating disorder topics, coursework and readings, blog entries and other writings, journal clubs.

B. 24 hours of consultation provided by an iaedp™-Approved Consultant

- Must receive consultation from an iaedp™-Approved Consultant (CEDS-C), with signed agreement between applicant and consultant including dates in agreement
- Minimum of 12 hours of individual/dyad consultation
- 12 remaining hours can be individual or group consultation

C. Complete 4 Core Course, and quiz for each [iaedp's LMS Portal](#)

Core courses are each worth 3 hours of CE, *can be applied to CE requirements*

- Course 1 Overview of Eating Disorders 3 CE
- Course 2- Therapeutic Treatment for Eating Disorders 3 CE
- Course 3- Nutrition Therapy for the Treatment of Eating Disorders 3 CE
- Course 4- Medical Treatment of Eating Disorders 3 CE

D. [Final Exam](#)

- Score is valid for 2 years

E. 20 Eating Disorder specific CEs (12 CE of required courses count toward these hours)

- Certificate must include name, date, title of training, and # of hours received

F. Complete CEDS application in [iaedp's Application Portal](#)

1. Begin application once all requirements are met
2. Proof of current eligibility to practice
3. Copy of final transcript or diploma, must corresponding to license to practice
4. Curriculum Vitae (CV)
5. Consultation verification
6. 3 Letters of Recommendation
 - Letter writers cannot be your iaedp™-Approved Consultant or personal therapist
 - Letter writers should be licensed or credentialed eating disorder treatment team professionals
 - At least one letter writer should be within your own discipline
 - Proof of Core Course and Exam completion
 - Application fee paid

Once your application is complete it will be reviewed by the Certification Committee, please allow 90 days. *Policy from July 2024*

IAEDP™ Certified

Eating Disorder Specialist (CEDS) Consultant-(C):

1. Current CEDS in good standing
2. Minimum of 5 years (6,000 hours) of eating disorder experience
 - a. Begin accruing once you are a licensed professional.
3. Proof of [Leading By Example Workshop](#) completion
4. Current license

Michelle is one of 276 Consultant options.

List of IAEDP™ approved Consultants:

<https://members.iaedpfoundation.com/search/custom.asp?id=4864>

Intersecting Identities

I'd like to start with my intersecting identities I use she/her pronouns. I am cis-female, heterosexual, married – second marriage-19 years, Christian, mother of 3 sons-empty nester, reside in a large body, Mid-westerner, European American/Native American/French.

1. Choose carefully, not conveniently. You do not have to choose the closest or most convenient Approved Consultant.
2. It is important to choose a consultant who is a good fit for you and your professional development needs. Remember that you would not want a client to choose the first therapist/RD/physician/nurse that they met if they were not comfortable; so, give yourself and your consultant experience the same respect.
3. Ask questions about your potential consultant.

Why choose Michelle as my consultant?

What type of license does Michelle hold?

I am a Licensed Mental Health Counselor in the state of Iowa. License Number 00795. Renewed in 2024- expires 2026. Vita:

<http://www.michelleroling.com/aboutme/vita.html>

When was Michelle licensed or certified?

I was first licensed in Iowa as a Licensed Mental Health Counselor in 2001. I attained my Certified Eating Disorders Specialist through the International Association of Eating Disorders, the first one granted in Iowa, in 2009. I was approved as a CEDS-S (Supervisor) in 2020. The terminology was changed to CEDS-C (Consultant) in 2024.

What is Michelle's experience with consultation?

I have been a clinical supervisor, since 2001, in my role as a Sr. staff member at Iowa State University, Student Counseling Services. I have extensive experience providing both individual supervision as well as group supervision/consultation via a case conference format. Personally, I embrace the practitioner-scholar model of supervision/consultation, which is utilized in my role, at Student Counseling Service (SCS). This philosophy of training is grounded in "learning by doing" while consulting empirical literature. I offer interactive process-oriented learning experience coupled with utilization of up-to-date research and theory.

This is done through collaboration with each trainee, development of individualized learning opportunities, and feedback/evaluation with the goal of reaching competency in nine essential areas:

1. INTEGRATION OF SCIENCE and PRACTICE
2. ETHICAL AND LEGAL STANDARDS
3. INDIVIDUAL AND CULTURAL DIVERSITY

4. PROFESSIONAL VALUES AND ATTITUDES
5. COMMUNICATION AND INTERPERSONAL SKILLS
6. ASSESSMENT
7. INTERVENTION
8. CONSULTATION
9. CONSULTATION AND INTERPROFESSIONAL/INTERDISCIPLINARY SKILLS

My undergraduate degree in Music Education exposed me to educational methods, learning structure, learning styles, utilization of creativity and bringing my authentic self into each encounter. The “teacher in me” thrives on sharing knowledge, encouraging others to find their passions, collaboration, interpersonal process, leaning into difficult dialogue and exploring the method/s which will enable everyone to find their own therapeutic style.

What are Michelle’s thoughts about diversity?

I strive to be inclusive: to be a space where all individuals, whatever their gender identity, race, ethnicity, national origin, age, sexual orientation, education, body size, socio economic status, spiritual beliefs, or physical ability, feel valued and respected. I am committed to an inclusive presence. I welcome people of all backgrounds and seek to foster a culture of respect, openness, learning, integrity, honesty—and a sense of fun. My passion for justice calls on me to be a transparent and fair advocate in all that I do. My commitment to working in partnerships compels me to build relationships where all are valued, heard, respected, and empowered. My drive for excellence leads me to learn from a broad range of perspectives and talents. My commitment to be a leader in the field of eating disorder treatment challenges me to offer intentional, strategic interventions representing a multitude of theoretical approaches, cultural lenses, life experiences and communities. I welcome dialogue with you regarding: all aspects of who you are, any concerns which may arise and commit to listening with an open heart.

What is Michelle’s practice background?

I have been a Sr. Staff member at Iowa State University’s Student Counseling Services since 2001, where I provide: individual counseling, group counseling & couple’s counseling. I am the Assistant Director of Outreach for the department. I have experience working for a Hospital Adolescent Intensive Outpatient Program. My initial private practice work was within other organizations 2004-2008. My private practice, Sharing is Healing, originally located in Adel, IA was opened in 2009. The practice was moved to Ames, IA in 2018. Family therapy is a strong component of all work with adolescents. Collaboration with a patient’s entire treatment team is essential across all treatment settings.

What is Michelle's theoretical orientation and is she comfortable supervising someone who utilizes a different orientation?

Regarding work with eating concerns and eating disorders, I utilize a weight neutral biopsychosocial spiritual model; Focused on holistic wellness. At the core of my therapeutic work with clients is my belief in being client-centered, emotion focused. In addition to that foundation, it is the reality that I utilize a multitude of techniques in session. The tools I most use to assist my clients, in a manner that meets their needs, include use of the here and now, interpersonal processes, experiential techniques, focus on client strengths, behavioral modifications, and guided imagery. The educator within encourages me to assist those I work with to develop life-long skills surrounding communication, relaxation, and positive self-talk. Interventions are borrowed from: Acceptance & Commitment Therapy; Emotion Focused Therapy; Polyvagal Theory; Cognitive Behavior Therapy; Dialectical Behavior Therapy; Intra Family Systems. I am an EMDR trained clinician. I find one of the most enjoyable components of consultation is collaboration with those whose therapeutic orientation differs from my own.

What are Michelle's specialty areas?

I am especially skilled with psychoeducational content to assist clients and their loved ones. Work with dual diagnoses: Anxiety/ Depression/ Trauma/ Dissociative Identity Disorder/ Self-Injury/Intimacy... to name a few. Given my multiple professional roles, I am extensively used as a consultant assisting colleagues with challenging clinical decisions. Building professional relationships, planning events and utilization of community resources are all parts of what make me a unique consultant.

What is Michelle's professional advocacy experiences?

I am a co-founder of the Eating Disorder Coalition of Iowa- a 501 (c) 3- www.edciowa.org

I have strong professional relationships in place with most organizations providing higher level of care across the country. I have planned over 25 years of National Eating Disorder Awareness Week events bringing countless leaders in the field, authors and recovery advocates to events sharing their powerful messages. I am skilled in interacting with media of all formats & audiences of all sizes. I have presented at local, regional and national conferences. I have attended the National Lobby Day on the Hill. In 2020, I curated an art exhibit for Iowa State University Museums: Body Image Conflict: from Hostility to Harmony <https://www.lib.iastate.edu/news/react-gallery-body-image-conflict-hostility-harmony>

Which treatment centers has Michelle personally toured/been on site?

1. Eating Recovery Center, CO
2. ACUTE, CO
3. Pathlight- formerly Insight Behavioral Health, IL

4. Timberline Knolls, IL
5. Roger's Behavioral Health, WI
6. Alsana-Formerly, Castlewood, MO
7. Monte Nido MA
8. Oliver Pyatt, FL
9. Renfrew Center, PA
10. Rosewood Treatment Centers, AZ
11. The Meadows- formerly Remuda AZ
12. The Emily Program, MN
13. Melrose Center, MN
14. McCallum Place, MO
15. Laureate/St. Francis Health System, OK
16. Center for Discovery, IL
17. The Ranch, TN
18. Carolina House, SC

What do prior supervisees have to say about Michelle?

(Quotes are from copied in from prior supervises.)

Michelle's skills, ever-growing expertise, patience, and empathic presence make her an excellent teacher and supervisor for counselors learning to do disordered eating treatment. She meets us where we are at in knowledge, dis/comfort, and readiness to learn this work. She honors and teaches the complexities and the both-and of doing this work with clients, as well as how this work impacts us as clinicians in both positive and challenging ways. I have experienced her gently challenging me in my stuck spots or assumptions. And I have witnessed her "calling in" other counselor-trainees and colleagues with compassion—to invite conversations about how their comments or actions may not be aligning with the grounding principles of body acceptance and the need to dismantle the "good vs. bad" foods myth.

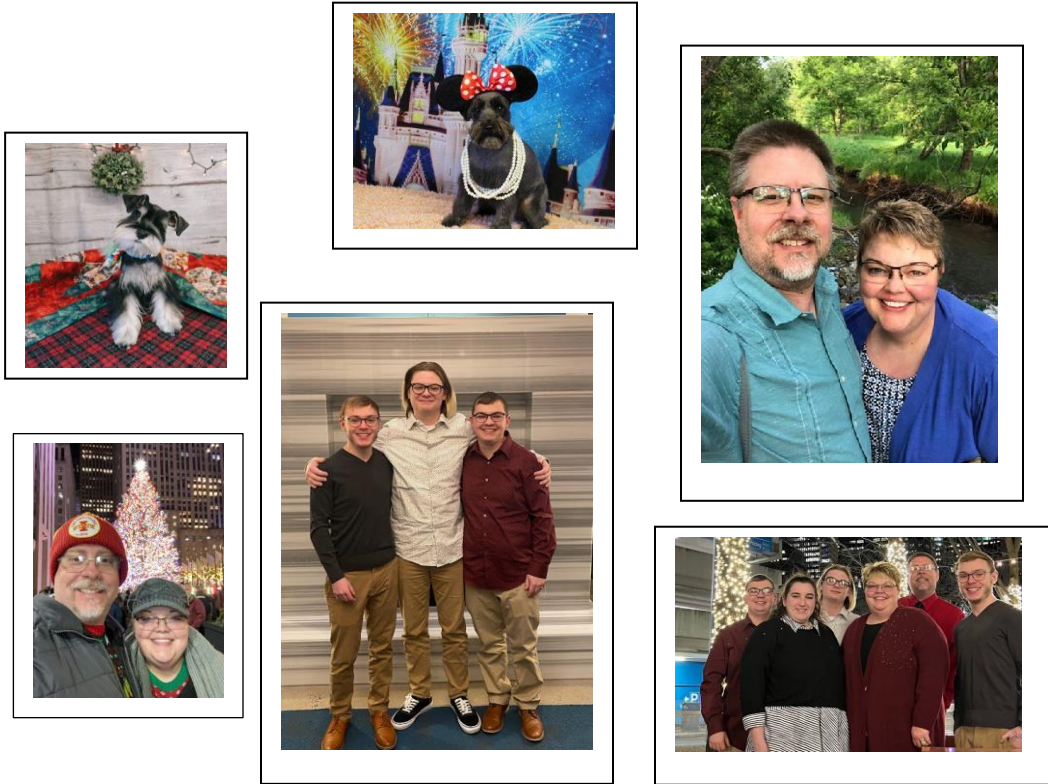
I have had the pleasure to experience Michelle in both group supervision and individual supervision. I truly cannot imagine anyone doing a better job of teaching and supervising a clinician's learning in regards to disordered eating treatment. She balances didactic teaching of information and skills, with space to process what the clinician is learning and where they may feel stuck. With her creating an empathic yet challenging space, I can honestly say that Michelle has been the best supervisor that I have ever gotten to work with as a supervisee. (And I have told her that!) I cannot adequately express my gratitude for what I have learned from Michelle.

The quality of Michelle's supervision is evident in many ways, one of which is the lasting impact her supervision had on my development as a clinician and as a supervisor. Michelle is not a supervisor who "told" her supervisees how to practice; rather, she expertly facilitated experiences that enabled my own growth and perspective. Across all the contexts in which I worked with Michelle, she encouraged growth and change through lived experience. For example, rather than describing an art therapy activity that she used with clients,

we engaged in the exercise in our intern case conference. Instead of giving me a description of an in-depth exercise to use with one of my challenging clients, Michelle took the time to go through the exercise with me during one of our individual supervision sessions. Michelle's wealth of clinical experience was evident in her ability to provide comprehensive guidance in case conceptualization, treatment planning, and measuring clinical progress. She encouraged me to consider my own relationship with food and my body to be prepared to explore this with clients in a clinical setting.

I want to highlight, first and foremost, that I believe Michelle is one of the best supervisors I had throughout the course of my training. I became a licensed psychologist in 2010 after completing graduate school and my post-doctoral training, I and had experiences with approximately 20 supervisors until I was licensed for independent practice. Michelle stands out due to her expertise in working with clients who have eating disorders, her organization of training materials, and her overarching warmth and empathy in meeting supervisees where they are at in their development of clinical skills.

Who is Michelle personally?



The largest part of my life comes from the time I spend with my husband, Shawn, our family & our fur dogs- Hilton & Jack- (Miniature Schnauzers). Son Alex, daughter-in-law Kara & grand fur dogs live just outside Boston. Son Shade lives in Des Moines with grand-fur-cats. Son Caden lives in Des Moines with his grand-fur-dog.

Hobbies: Activism for Cystic Fibrosis (Alex & Shade are both CF patients), baking, embroidering, flower gardening, watching movies, music, live entertainment, reading, and spending time with friends

Personality: I work hard to play hard! I value authenticity, direct communication, emotional vulnerability, humor, healthy communication & commitment to things important to me. I am an extroverted, creative spirit. Self-care is of the up most importance.

What to expect if I select Michelle as my consultant?

Contracted Letter of Agreement

1. Basic Introduction.
2. Relationship clarification.

3. If the two professionals are in the same state, the relationship is considered "consultation".
 - a. If the two professionals are in differing states, the relationship is considered "consultation".
 - b. Both relationships are approved for supervised patient care hours by iaedp™.
4. Meeting times and location agreements.
5. Consultation package selected.
6. Fee structure option selected.
7. Frequency of consultation determined by mutual agreement.
8. Varies depending on the level of experience of supervisee.
9. May adjust as expertise increases.
10. Expectations.
11. Record keeping. (Forms provided by iaedp™ on website.)

What would we discuss during consultation?

1. Assessment and diagnosis.
2. APA guidelines and levels of care.
3. Treatment modalities.
4. Role and referral process of multi-disciplinary team.
5. Trends in treatment.
6. Evaluation and aftercare as appropriate.
7. Certification exam preparation.
8. Specific needs of supervisee based on overall skills.
9. Challenges specific to supervisee's areas of practice.
10. Transference and countertransference as applicable.
11. Ethical and legal considerations as applicable.
12. Self-care and life balance for supervisee.
13. Case study selection.
14. Topics brought forward by supervisee.

What starts and maintains a good consultation relationship?

1. Necessary elements of a consultation relationship include warmth, trust, genuineness, ethical boundaries, confidentiality, and respect.
2. Spend time at the beginning of the process going over goals and objectives.
3. Decide how progress towards those goals will be measured and communicated.
4. Be proactive. Consultation is a collaborative experience. Make sure that you are getting value from your consultation and not just "checking the box."

- Read through and understand the Consultation Responsibilities available on the iaedp™ - website.

Can I have more than one consultant throughout the process?

Yes, you can- however, consultation cannot overlap (unless you are actively working for two different settings which each provide approved consultants).

To be certified as an eating disorders specialist, you will be required to obtain consultation of your work with clients who have been diagnosed with an eating disorder by an iaedp™ -Approved Consultant. (Michelle's consultation form will assist in this process). Consultation provides the opportunity for you to learn and mature into an experienced eating disorders professional. It allows you to enhance your self-awareness in addition to working on your skills and competencies.

How does iaedp™ define the value of consultation?

Approved iaedp™ Supervisor Role

Mentoring	Supervision	Consultant
A relationship that encourages focus on the whole person. It is not clinical in nature but focuses on building the individual(s)	The oversight of the clinical practice of an individual or group.	The oversight of specialized care in field through case review format.
Partnership	Hierarchy of authority	Advising on best practice
The mentee and their defined goals lead the process in the mentoring relationship	The supervisor directs action of the supervisee	The consultant makes recommendations and provides resources, guides certification process.
iaedp™ mentors volunteer their time	Clinical supervisors typically charge an hourly fee	Consultants are paid for their professional services by consultee or by organization they work for.
Assumes NO clinical or professional responsibility of any action taken by the mentee	Assumes clinical and professional responsibility for action taken by supervisees	Assumes NO clinical or professional responsibility of any action taken by the consultee.
Not involved or attached to performance or assessment of performance	Directly oversees performance and provides feedback and evaluation	Provides recommendation for awarding certification and verifies hours of work experience.
Focus on professional and personal growth	Focus on clinical practice	Focuses on specialization and best practice in treatment.
Goals may be broad and flexible	Goals are often more short term and specific	Goals are specific to competency in specialized care.

Purpose of Consultation:

Consultation exists for three reasons:

- It fundamentally protects clients' welfare.

2. It improves the ability of a clinician to provide value to clients.
3. It allows for monitoring of the self-care of the health care professional.

iaedp™ General Requirements of Consultation:

1. Qualified consultant(s) are iaedp™ -Approved Consultant who can be found by searching here “Search for iaedp™ -Approved Consultant” or Member LEAD
2. Consultant must be an iaedp™ -Approved Consultant prior to starting consultation.
3. A contract signifying the start date is important to set a start date and agreement of your work together.
4. A qualified consultant does not have to be in the same geographical area. Consultation for the iaedp™. Traditional Certification is permissible by means of in person, video conferencing, and/or telephone.
5. Your Approved Consultant will use the “Approved Consultant Documentation Form” found on the Certification/Overview page of the iaedp™ website to record total number of patient care hours, which will be signed upon completion and a copy included in your application.

iaedp™ Frequency Requirements:

1. 1 hour of consultation per 120 hours of client contact.
2. One hour of consultation is a minimum of 45 minutes.
3. The minimum number of total consultation hours will be 24.
4. Consultation may include individual or group.

Modes of Consultation Approved by iaedp™:

1. Each consultant sets their own preference for either in-person, voice to voice, or computer video consultation based on the geographical location.
2. Your consultant does not have to be in the same geographical location. This is because iaedp™ consultation is more of a consultation since the supervisee is already licensed/registered.

CONSULTATION BASICS:

- Registration for Michelle’s Consultation Experience is on a rolling basis any time during the year.
- Your first payment serves as a deposit and holds your place for work with Michelle until you have completed your CEDS process.

- Sharing is Healing can provide an invoice or complete W-9 paperwork if needed by your employer.
- Payment/s may be made via check, Venmo, PayPal or cashier's check. Credit card payments will be charged an additional surcharge of 5%.
- Sharing is Healing offers three options for payment:
 1. 20 monthly payments
 2. Quarterly
 3. Payment in Full at signing of Contract

What Consultation Packages Does Michelle offer?

1. Diamond Package \$4,500
2. Sapphire Package \$3,000
3. Emerald Package- \$1,000 NON CEDS focus

*****note items underlined and italicized are the items NOT included in Sapphire package.*

Diamond Package - \$4,500

1. Individual Consultation- 18 hours completed in accordance with iaedp™ guidelines. *ADDITIONAL 4 individual hours of consultation to be used at any point in your process- suggestion to use early for those just starting their eating disorder work.*
 - a. In Ames, IA. (Travel expenses are the trainee's responsibility.)
 - b. Via HIPPA zoom
 - c. In person at selected destination locations, dates & times. For example, if we were both attending a conference or if you were interested in an extended consultation/training. (Travel expenses are the trainee's responsibility.)
2. Group Consultation
Three hours when Michelle has additional trainees (or these 3 hours will be provided as individual hours) completed in accordance with iaedp™
 - a. In Ames, IA. (Travel expenses are the trainee's responsibility.)
 - b. Via HIPPA zoom
 - c. In person at selected destination locations, dates & times. For example, if we were both attending a conference or if you were interested in an extended consultation/training. (Travel expenses are the trainee's responsibility.)
3. Opportunity to complete your required CEs through a variety of opportunities:
 - a. Michelle has a calendar of training opportunities on her website to assist you in acquiring CE training.
 - b. Attendance at Michelle's One Day Intensive Trainings- 8 hours to be offered at least one time per 9 months.
 - c. *24-7 Access to professional trainings Michelle has previously presented. Materials consist of some videos and many self-directed PowerPoint training courses: completion of questionnaires will be required to confirm knowledge.*

4. Experiential Interventions-

- a. 1-1 time set up for Michelle to facilitate 2 hours of powerful clinical interventions with you. You may choose to engage individually or to utilize the conceptualization of a client. Time, date and location to be determined as mutually agreed.
 - i. In Ames, IA. (Travel expenses are the trainee's responsibility.)
 - ii. Via HIPPA zoom
 - iii. In person at selected destination locations, dates & times. (Travel expenses are the trainee's responsibility.)

5. Assistance navigating the CEDS application and requirements, organizing your CV and support completing your certification.

6. Consultation via email/text between scheduled consultation appointments.

Summary:

- 28 hours consultation
- 2 hours 1-1 experiential work
- Attendance at an 8 hour 1 day intensive training.
- Access to a minimum of 62 indirect hours of teaching on eating disorders

Payment options:

- 20 monthly payments of \$225 first payment due the week prior to your first consultation.
- 5 quarterly fee payments of \$900 first payment due the week prior to your first consultation.
- Payment in full of \$4500 due the week prior to your first consultation.

Sapphire Package: \$3,000

1. Individual Consultation-

16 hours completed in accordance with iaedp™ guidelines.

- a. In Ames, IA. (Travel expenses are the trainee's responsibility.)
- b. Via HIPPA zoom.
- c. In person at selected destination locations, dates & times. Priority of safety precautions. (Travel expenses are the trainee's responsibility.)

2. Group Consultation-

5 hours completed in accordance with iaedp™ when Michelle has additional trainees (or these 5 hours will be provided as individual hours)

- a. In Ames, IA. (Travel expenses are the trainee's responsibility.)
- b. Via HIPPA zoom
- c. In person at selected destination locations, dates & times. (Travel expenses are the trainee's responsibility.)

7. Indirect Hours -

- a. Michelle has a calendar of training opportunities on her website to assist in acquiring CE training.

- b. Attendance at Michelle's One Day Intensive Trainings- 8 hours to be offered at least one time per 9 months.
8. Assistance navigating the CEDS application and requirements, support completing your certification.

Summary:

- Total of 21 hours consultation
- Access to a minimum of 8 indirect hours of training
- *Note: you would need to have 4 hours of consultation provided outside our agreement to meet requirements*

Payment options:

- 15 monthly payments of \$200, first payment due the week prior to your first consultation
- 5 quarterly fee payments of \$600, first payment due the week prior to your first consultation
- Payment in full of \$3000 due the week prior to your first consultation

Emerald Package-\$1,000

those seeking supervision/consultation not towards a CEDS

1. Individual Consultation- 7 hours

- a. In Ames, IA. (Travel expenses are the trainee's responsibility.)
- b. Via HIPPA zoom.
- c. In person at selected destination locations, dates & times.
(Travel expenses are the trainee's responsibility.)

2. Indirect Hours

- a. Michelle has a calendar of CEU training opportunities on her website

Payment options:

- 5 monthly payments of \$200 first payment due the week prior to your first consultation
- Payment in full of \$1000 due the week prior to your first consultation

Using Consultation to Prepare for the Certification Exam

1. An effective clinical consultation should assist you in preparing for your certification examination. Rather than waiting to cram for the exam last minute, you can use the content tested on the exam to frame your consultation experience. The iaedp™™-certification exam study guide outlines the content you will need to master. Once you have reviewed the content outline, take it to your consultant and discuss how your current work is preparing you for the examination.

2. Ask your consultant if they can provide you with any insight into exam preparation strategies. Consultants have often supervised and mentored several applicants, so they might have some useful advice on exam preparation.
3. Stay on top of your Required Consultation Experience. You are most likely not the only person gaining consultation hours under your consultant. Consultants often work with multiple individuals working towards different certifications and licenses, all with different requirements.
4. It is your responsibility to be aware of your own experience and consultation requirements. If you need further information about your requirements go to the iaedp™™- website or contact the Certification Committee to clarify any questions you might have.
5. Throughout your consultation experience be sure to document your direct/indirect client hours as well as your consultation hours. iaedp™™- offers the “Applicant Log of Patient Care Hours” chart to assist you in your personal documentation; however, this form is not required since only the Approved Consultant’s Documentation Form is necessary for your completed Certification Application.
6. The Fee for the Proctored Exam is \$100 per exam Passing score is 80%; may be taken up to 3 times.

What are your Responsibilities as the Supervisee?

1. Track direct services, indirect services and consultation hours utilizing IAEDP™ forms.
2. Submit copies of tracked hours to CEDS-C on June 30 and December 30 for cross-checking time with Michelle Roling’s time logs.
3. Pay all certification application fees.
4. Pay for all required coursework through IAEDP™.
5. Completion of IAEDP™ requirements beyond internship year timelines.
 - a. Extended consultation from an approved consultant.
 - b. Core courses.
 - c. Remaining direct service hours.
6. Completion of full application.
 - a. When ready to complete requirements for application- request documentation from CED- Remaining indirect service hours.
7. Request any forms from Michelle 45 days prior to application deadline.

Terminology Clarification: stated by IAEDP™ Symposium 3/2021

Consultation Hours- Hours of consultation accrued with your CEDS Consultant once an agreement is in place.

Supervised Hours- Hours of work experience and practice within the treatment setting, working with eating disorder clients while under the consultation of identified CEDS consultant.

What are Michelle's Responsibilities for completing consultation?

1. A Letter of Agreement was provided clarifying Role's/Responsibilities/ Objectives of Consultation/ Eligibility for consultation/Rates/Payment Options/ How records will be kept/ Documentation Required/ Communication expectations/ both parties contact information.
2. Consultant tracked their hours on iaedp™ approved form, and the hours are accurate.
3. Consultant is familiar with and knowledgeable of every diagnosis related to eating disorders as outlined by the DSM-5.
4. Consultants possess strong communication skills as evident in the relationships between clients and clinician.
5. The consultant is aware and prepared to meet the specific needs and challenges of different ages, gender, family structure, as applicable of each individual client.
6. Consultant is comfortable and effective in communicating within a multi-disciplinary eating disorder treatment team.
7. Consultant is proficient at both individual, family and group therapies where applicable.
8. A form was provided to evaluate the Consultant

Evaluation of the consultation experience / consultation documentation form:

Section I: Completion of the Approved Consultant Documentation Form Process

- Completed by applicant
- Verifies how many consultants oversaw the applicant's clinical work experience.
- Ensure each consultant completes their own form for Sections II-VIII.
- Applicant name, credentials, address, email
- License or registration and the DATE OF ORIGINAL ISSUE

Section II: Consultant's information

- Name, credentials, address, email, and phone of consultant
- iaedp™ Approved Consultant Number
- Type of license and state/s or registration number
- Date of original license/registration

Section III: Confidentiality Statement

Section IV: Verification of Experience

- Locations/organizations where consultation occurred.
- List Titles, degrees, licenses, and certifications consultant held during the consultation
- Applicant's titles or professional identity during consultation

- List of any training programs the applicant engaged in while under consultation include start/stop dates
- List relationship to supervise- employer/work provided/ independent
- Work eating disorder specific experiences logged under your consultation with date ranges

Section V: Verification of Experience Breakdown 2500 or more hours

- Direct Client hours- Minimum 2000
- Indirect Hours- minimum 500 hours
** only the hours which accrued post your consultation agreement with the applicant can be counted. **

Section VI: Rating of Applicant

A. Overall Rating:

- Superior
- Acceptable
- Unacceptable

B. List of Strengths and areas of Growth:

Evaluation of supervisee based on the five proficiencies. iaedp™ Board expects there to be a list of ongoing learning objectives to be listed on application!

Areas of Strength _____

Areas of Growth _____ MUST list some

C. Remarks- (Do you have any concerns you feel the Certification Committee should know about this applicant's path toward the iaedp™ certification as an eating disorder specialist?) *THIS SHOULD BE ADDRESSED with the APPLICANT LONG before the APPLICATION!*

Section VII: Signature

- Authorizing Signature and Date
- Can NOT be typed must be printed and signed or use of DocuSign/adobe program

Remember by signing you are verifying that the information on the form is true. If the hours were not supervised directly by you, you cannot verify the hours listed as true and do NOT Sign. Unethical reporting will be traced back to the consultants AND the applicant.

- c. Evaluation form for supervisee to evaluate consultant.
- d. Follow up as applicable.

Want to get started with Michelle?

1. Email sharingishealingames@gmail.com and request a contracted letter of agreement!
2. Please include the contact information you'd like listed on the agreement: **mailing address/phone number/email address.**
3. Start gathering the following information which **Michelle will require prior to our first consultation meeting:**
 - copy of current license/s

- copy of your current liability insurance policy
- copy of your current CV
- list of all your active clients working on body/eating concerns: you will enter info into an XL sheet: demographics/dx/behaviors/presenting concerns/summary of current work together/ questions for Michelle

Guide to Your iaedp™ Consultation: Requirement for the Traditional Certification Process-
contact information

www.iaedp.com

Tel. (800) 800-8126 x 87

Email: certification@iaedp.com

Revised 4//20 BH

Question? Email certification@iaedp.com