May I be happy

May I be well

May I be present

May I be whole

May I experience self-compassion

May I be grateful

May I be happy

May I be well

May I be present

May I be whole

May I experience self-compassion

May I be grateful

May I be happy

May I be well

May I be present

May I be whole

May I experience self-compassion

May I be grateful

May I be happy

May I be well

May I be present

May I be whole

May I experience self-compassion

May I be grateful